

10% discount for all workshops with festival pass (4 days).

All workshops are limited to 12 participants – excluding mixer teams, with a limit of 10.

Expertise levels are set to let you determine whether you'll feel comfortable with each course.

Level 1 – beginner – you have done improv workshops before and have basic skills needed for scene work

Level 2 – intermediate – you have done several improv courses and you feel confident with your scene work

Level 3 – advanced: you have a lot of improv experience and you feel comfortable while performing professionally on stage

Laura Doorneweerd-Perry	(she/her)	A control freak's guide to playfulness	3 hours	150 pln	Level 2
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Playfulness is at the core of improvisation. It makes a good scene wonderful and a bad scene comfortable.

But where does playfulness hide? How do you bring it out in yourself?

As a recovering control freak I can teach you something about how to find that spark. Finding your playfulness is (also) a skill, and I have the tools for you to train that muscle.

Through a series of fun games, probing exercises and reflection on yourselves we will find your 'play'. As a result: next time you are taking the scene / the show / improv a little too seriously, you can fall back on the tips and tricks of this workshop.

It will take some practice. And some fun, light and *die-hard* playing.

Laura Doorneweerd-Perry	(she/her)	Dancing for dummies	3 hours	150 pln	Level 1
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In this workshop I will use my background as an improv and dance teacher to teach you how to bluff your way in ballet. Or in hiphop, Bollywood, country, disco, tango and many more styles.

You will learn the most important tricks and steps to make it look like you are a dancer. The audience can shout out any style in music or dance: you will know what to do. And what games you can play using your moves.

I have taught this workshop since 2009 to many Dutch, German, Swiss and Finnish improv groups and it is the most fun you will have in using your body on stage. Stiff as a board? No sense for rhythm? Perfect, then book this workshop now!

Gael Doorneweerd-Perry	(he/him)	Miyazaki's Kingdom	9 hours	400 pln	Level 2
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The human world can be a dark place. Can also be simple and uplifting. In fact, nothing is ever black or white. We go through everyday life looking for moments of magic. What if we switch it, and look for everyday moments in a magical world?

This workshop is about bringing you to a place where nothing is normal. Where everything is normal. Where the weirdest and most magical creature can just be a girl, and where the spirit of the forest can just be a boy. A story where magic is real and reality is magic. This poetic, sensitive and place of emotions place is Japanese director Miyazaki's kingdom. We'll learn how to build Miyazaki's stories with heroes who care: about the world, about nature, about the human part of us, about our soul.

The best way to understand what it means to be human, is to not be one.

Laura&Gael	MIXER TEAM: Double Deep Dive: Object of Affection	15 hours	600 pln	Level 3
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Based on the international duo-show *Object of Affection*, the two performers of that show are giving you a masterclass to pull on stage *Object Tales*, the ensemble version of their show.

In this workshop you will learn how to impersonate objects. Not only for environment work or for side characters, but as main characters of your stories! This workshop inspired by Pixar work will explore silent scenes, physical work, action, love, and imagination to turn inanimate worlds into living stories!

You will never look at your environment the same way after imagining the life of all these objects.

The workshop ends with a 30 minutes show on the Festival Main Stage.

Lee White	(he/him)	Listening and acceptance	6 hours	280 pln	Level 1
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Listening is one of the most important skills an improviser can have, yet too often our scene partner's words and the meanings behind them are neglected. Can we turn down our ego and open our ears and eyes to what is really being said? Yes we can. Everything our partner does can be fuel for inspiration. Get out of your head and see your partner offers even if they don't. With a focus on listening to and watching our scene partner and accepting their offers, this workshop will have you giving more and making your partner look like the star. Ask not what your partner can do for you, ask what you can do for your partner.

Lee White	(he/him)	Stage Friction	6 hours	280 pln	Level 2
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Students are taught to avoid conflict but there is a way to use it to your advantage in stories and character building. Starting scenes with conflict is not impossible and it can help. Every story needs some conflict, right? This workshop is focused on characters with conflict, how to play conflict with your scene partners and how to use conflict in character building. Students will learn how to start scenes with conflict and how to avoid the dreaded arguments conflict so often brings. Don't avoid conflict - make conflict a skill to use!

Stephen Davidson	(he/him)	Don't Be an Asshole: An Improv Class for Men	3 hours	150 pln	Level 1
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Based on the principles of Play Like an Ally (being delighted by different kinds of offers, sharing stage time, supporting your scene partner, not making assumptions) this class offers a unique environment for discussion. We'll talk about how to play characters of different genders, play with people of different genders, and how to be a good ally to women and trans/non-binary players. We'll also talk about what you have to gain personally and creatively by doing so.

As a trans man, I've improvised as both a male and a female, and the experience has helped me understand what players of all genders might be missing out on. Join me for an afternoon of honest discussion about what it means to be a male improviser in 2022, fun improv exercises, and a safe space to explore your softer side.

Stephen Davidson	(he/him)	Film Noir	3 hours	150 pln	Level 2
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Sultry and cool, Film Noir is an opportunity to embody character archetypes like no others. We'll dig into surly detectives, femmes/hommes/personnes fatale, hench-people and more, learning what makes them tick. Step into a world of drama, tension, sex and intrigue, where the struggle between good and evil is real and personal. Challenge yourself to fight and flirt, and possibly to try an accent or two!

Monica Gaga	(she/her)	Women's Work-it-shop with Monica Gaga	3 hours	150 pln	Level 1
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A practical workshop designed to empower you to level up your improv so you Feel it, love it, own it and work it.

During the workshop you will look at: preparing, what you can do to put yourself in the mind/physical space for improv; checking in with yourself, to ensure throughout all is good with you; utilising blocks (you're in charge with what happens next), no mistakes just lessons, no blocks just gifts; and self-censorship, allowing you to do your type of improv without harming or holding back.

At the root of it improv is supposed to be fun (fun is of course defined differently for everyone) and this workshop will help you find the fun through it all. So you can feel it, love it, own it and work it.

Monica Gaga	(she/her)	Unapologetically Taking Up Space	3 hours	150 pln	Level 2
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Take time to pause and reflect on your triumphs and cancel out the noise. Use this workshop to put a focus on the acting & improv you want to do and map out how you can do it on your terms.

Using fun exercises, you will:

- Explore your strengths
- Practice mindful improv
- Explore how to practice the improv that makes you feel good
- Identify techniques focus your energies on the joy of improv
- Identify techniques to take up space with your full self

Stephen Davidson+Monica Gaga	Inclusion in improv	6 hours	350 pln	Level 2
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An in-depth course on inclusion in improv, aimed at teachers, coaches, and directors, but open to all. Using a mix of exercises and conversation, we'll learn about holding space for others, unconscious bias, assumptions, anti racism, gender diversity, disability inclusion, boundaries, writing and using a code of conduct, triggers, identity, and more. As improvisers we're used to building new worlds together; let's make the world of our classes and stages one where everyone is safe and seen.

Monica and Stephen are both experts at inclusion in improv, and will create a space where it's safe to ask difficult questions and to fail. With guest teachers along the way to make sure lived experience is central, we'll dig into myriad areas of inclusion, leaving you feeling equipped to be in a position of care, and to roll up your sleeves and help.

Tanine Dunais (she/her)	Bouffon: The beauty of acceptance	3 hours	150 pln	Level 1
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Bouffons are comic characters whose profession is to make people laugh. They are a shapeshifting chorus of wild creatures, like the fools of the kings and the lords. They entertain and use insolence.

How can we use our own Bouffon in Improv? Together we will dive deep into the physical world of Bouffon.

The Bouffon state is an extreme state of play. The strength of the Bouffon world is their sense of ensemble. To feel free as a group and a safe place to let go and lose up. It's a powerful tool to develop a completely new feeling for your improv. And it's fun!

You will be guided through exercises, games that promise to invigorate and encourage you to find the pleasure in play as a group and solo. Concluding with Bouffon ensemble experiments.

Kiki Hohnen (she/her)	Improv and psychology	6 hours	280 pln	Level 2
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This workshop uses three aspects of psychological theory to help deepen your character work: First, we use Leary's Rose to explore the dynamics of a two-person relationship, simultaneously play with status and connection. It sounds vague, but I promise you it's a ton of fun!

Next, we use the personality traits from the NEO-PI to give you some fun tools to build realistic characters with. Channel your inner neuroticism, or be as agreeable as you can. How self-conscious can you be as a character on stage?

The final part of the workshop explores Cattell's Trait Theory of Personality, where there are 16 factors to help you build new and unexpected characters!

Sacha Hoedemaker (he/him)	MIXER TEAM: Musical Format	12 hours	500 pln	Level 3
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This workshop is all about creating a full length musical with a group of improvisers. Whether you know the people or not, you will trust them at the end. This two day intensive musical workshop teaches the actors what the ingredients of a musical are. This involves singing, choreography and story-line. How to set each other up for success and create a full circle story with a kick-ass finale song!

The workshop ends with a 30 minutes show on the Festival Main Stage.

Sacha Hoedemaker	(he/him)	Intro to musical improv	3 hours	150 pln	Level 1
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This workshop is focused on you getting the confidence and skills you need to sing improvised songs during any improv performance. In this workshop, you will learn exercises to warm up and fine tune your singing voice, simple song formats, and how to release the fears so you can sing your song!

Beata Różalska	(she/her)	I don't know yet	3 hours	150 pln	Level 1
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The stage has been empty for too long. The current Scene should be cut, but you have no idea how to start next one. It doesn't matter! Just go. If you ask yourself, what you are doing, it's good not to know. On this workshop you will learn how to trust your instincts and your body. How to listen to your own impulses and how to react fast.

Inbal Lori	(she/her)	Time	12 hours	500 pln	Level 3
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Intensive workshop for professional improvisers. Improvisation – like any other story telling arts – uses the element of time, and does with it a variety of many cool things.

It allows us to jump from one time to another, to be in two different times simultaneously, to slow or fast-forward reality, to jump from the past to the future and much more!

This intensive workshop will take us from being totally present in the moment to time-traveling in an epic way, fast and funny way, with cinematic and theatrical qualities.

Gael Doorneweerd-Perry

Gael practices improv for 13 years in Strasbourg and he is member and co-founder of La Carpe Haute and Ananas & Pampamplemousse. He's also co-founder of the SIN, an international network of improvisers in Europe. He is performer in La Carpe Haute and created international formats to continue to explore, tour the world and share, including two duoshows with his main partner Laura Doorneweerd-Perry: Raison d'Être and Object of Affection. Gael teaches improv and loves it! He travelled in Europe and the world during the past few years (New York, Barcelona, Canmore, Berlin, Atlanta, Moscow, Athens, Sarasota, Brussels, Göteborg, Boston, Amsterdam, etc.), performing and teaching, and found a thousand ways to improvise. His dream was to combine it to be a multifaceted cristal of improv! Now, he shares around the world that way of acting, physical and noisy, kind and silly, emotive and crazy.

Laura Doorneweerd-Perry

I am an Amsterdam-based teacher and performer in the fields of improvisation, theatre, dance and communication skills. I am part of 5 Dutch improvisation groups performing theatresports, longform, and impro for children. Furthermore, I have 3 duoshows and I am a founding member of the Ohana project. I have been teaching for 14 years, including 9 years in my own theatre school. My background

is in theatre, dance and Business Administration. At the moment I am working as a trainer and actress in The Netherlands, Europe and North America.

I love cycling, travelling, cats, pancakes, making lists, taking leaps, staying up late and sleeping in. Also, my last name - Doorneweerd - is a castle. True story.

Lee White is an actor, most known for his work with improvisation, comedy and stand-up, but also in film and as a voice-over artist. <https://itsleewhite.com>

Originally from Winnipeg Canada, now based in Berlin, he became an acclaimed improviser for being part of the famous improv duo CRUMBS. Lee White has been performing and teaching improv (almost) all his life. Touring with shows and workshops all over Europe, Asia and North America for over 19 years, his unique philosophy of improv has made him welcomed everywhere he goes.

Aside from CRUMBS, Lee has been involved in the invention/development of several new shows such as Knowledge and Punishment, Clever: The Live Comedy Game Show, Your 15 minutes of fame, ‚Paradigm‘ with Joe Bill, ‚The Lorilees‘ with Inbal Lori, Winnipeg’s infamous Dungeons and Dragons Improv Show, and several other collaborations with artists from all over the globe.

Since he moved to Berlin, Lee is teaching regular improv classes at Die Gorillas improv school, performs regularly at Impro Embassy at the Ratibor Theater and coaches improv groups all over Germany and Europe. He also travels to other towns for shows with local improv groups and his show „Your 15 Minutes of Fame“.

Lee is working as an actor for TV productions such as „The Pinkertons“ and „Spides“, as well as movies and short films. As a voice-over actor he is lending his voice to characters and narrates image videos, advertisements and short clips.

Stephen Davidson <https://impromiscuous.com/>

Stephen Davidson is the Artistic Director of The Improvised Play, Improvable, QI: Queer Improv, Carmen: A gender-swapped Film Noir Fantasy, and of Zeal: The Pride Improv Festival. Stephen is the author of two books about improv, Play Like an Ally and Improvising Gender. Stephen teaches improv independently and through Improvable, with the Free London Improv Project, City Academy, and Hoopla Improv. He has taught and performed all over the world.

Stephen loves improv and one of the world’s most cheerful people when playing or teaching. When coaching and directing improv he prides himself on creating a positive environment so that players can perform at their best. Stephen likes his improv like he likes his partners; silly, clever, and emotionally connected. Stephen has studied improv through i/o Chicago, Annoyance, UCB, Hoopla, The Maydays, Music Box, Showstoppers, Imprology, and with many visiting artists including Dave Razowsky, Bill Arnett, Kaci Beeler, Heather Anne Campbell, Deanna Fleysler, and many more.

Monica Gaga

Monica is a British-born black African queer improviser, facilitator, host, performer and producer.

She trained in Community Theatre at East 15 Acting School, and her boundless love for improv stems from time spent at Second City in Chicago.

When she is not performing, hosting or teaching, Monica is championing diversity in improv and trying to get as many people, particularly POC, involved as possible.

Monica is based in London, UK.

As seen, heard and staged on BBC News, BBC Three, ITVBe, London Live, BBC History, BBC Radio London, Global Pillage, The Comedy Store, Hoopla Impro, Boulevard Theatre and more.

Website: <http://www.monicagaga.com>

Twitter and Instagram: @msmonicagaga

Tanine Dunais

Tanine Dunais is an Iranian improviser, currently living in the Netherlands. She started her improv journey at Dubai's Courtyard Playhouse, and built her foundations with Johnstonian formats such as Maestro and Theatresports.

She's forever in the hunt for opportunities to perform in her native tongue, Persian, and to showcase more of her heritage and culture, on stage. During her explorations, she fell in love with expressing herself without the use of spoken language. Her preferred modes of expression revolve around physical theatre, clowning, buffoonery, and puppetry.

Recently, she's been digging deep into her experiences of performing as an expat, and is constantly working to find ways to help fellow improvisers bring their cultural and religious heritage to life, on stage.

Kiki Hohnen

Kiki has taught improv for over a decade, both as an improv coach and as a corporate trainer for Amsterdam's Boom Chicago. A trained psychologist, she enjoys using psychological theory to build three-dimensional characters, and gets a kick out of watching students bring these characters to life on stage. Kiki performs with her partner in their duo show Helmet Thieves, and with various groups in Amsterdam. She was born in Australia, grew up there, Sri Lanka and Belgium, and has lived for most of her life in Amsterdam. Her window washer describes her as "a nice lady who always pays her bills on time."

Sacha Hoedemaker

Sacha has been playing professionally for over 13 years accompanying singers, live bands, musicals, studio engineers and theater productions. As the Musical Director at Boom Chicago, he is responsible for the production of original music for live shows and other creative projects such as Escape through Time, New Kids on the Gracht, VR Winter Wonderland, Best of Boom, Escape Through The Movies and

many more. In 2010, Sacha was introduced to improvisational theater and was hooked right away. His professional experience combined with an eye and timing for theater made him a highly sought after Musical Director and improviser across Europe. Sacha loves teaching, playing live, producing and working with people on creative and/or musical projects! For more information about Sacha Hoedemaker, check out his website at <http://www.themusicmaker.nl> or search for The Music Maker on Facebook.

Beata Różalska

Master of arts, architect, improviser. She started working with impro in 2007. She performs and teaches in Poland and abroad. Travells a lot, learns, watches, performs and teaches. She performs with groups SzaFoFe, Impro Atak, 7 Women of Different Ages and she is connected with international network of improvisers The SIN. She wants to encourage people to be more playful and to feel more ease in scenes. On a stage she seeks for variety of emotions, using freedom, movement and her own nature. Treats Impro as an art that may help us to develop many abilities. That through impro we may show what is good and how to disagree with bad behavior.

Inbal Lori - Actress, writer, coach, director and improviser <https://inbalori.com>

I am Inbal and I have been involved in many artistic projects since 2000. Originally from Israel. Now based in Berlin.

As a performance artist, I find I achieve the biggest artistic freedom by combining all my skills into improvisational theater. There I create a theater piece in the moment as I invent something out of nothing.

In 2010 I started coaching improvisation to professional actors, amateurs and business companies all over the world. My coaching and performing have taken me to the U.S.A, Canada, Australia and many places in Europe like Paris, Oslo, Stockholm, Prague, Vienna, Lisbon, Bucharest, Helsinki and more.

During those years of coaching I realized that the tools of improvisation have the power to develop and transform people's communication skills, relationships and charisma. Armed with this experience, in 2015 I moved to Berlin to apply this knowledge in the international artistic and business context. I call it "Human Communication". And I am enjoying every second of it!