

WORKSHOPS SCHEDULE

INFO ABOUT WORKSHOPS AND TEACHERS

All workshops will be held at Dwór Artusa. It's our second home, our main stage venue and it's located just in the heart of our beautiful old town. You'll love it!

All workshops prices are in pln with estimated cost in euro. Discounts available for festival pass owners (that's the first price before the '/' mark).

Where and when to buy - stay tuned!

Workshops schedule

Wednesday 24.07.

10:00-17:00 - Thursday 25.07 10:00-17:00

Sacha Hoedemaker - Musical Format - MIXER WORKSHOP

Friday 26.07.

Nick Byrne - Unconditional Improv - MIXER WORKSHOP - 10:00-13:00

Laura Doorneweerd - Lionesses - women in improv - 10:00-13:00

Gael Perry - Man is a wolf to man - 10:00-13:00

Charlotte de Metsenaere - Is this really happening? - 10:00-13:00

Gael Perry - Improv toolbox: Freeform, scene edits and organic transitions - 14:00-17:00

Charlotte de Metsenaere - Feedback, loading... - 14:00-17:00

Saturday 27.07.

Charlotte de Metsenaere - True Story - MIXER WORKSHOP - 10:00-13:00

Billy Kissa - Make them care - 10:00-13:00

Nick Byrne - In The Moment - 10:00-13:00

Laura Doorneweerd & Gael Perry - Double Deep Dive into: Posture, Positions and other Physical stuff - 10:00-17:00

Sunday 28.07.

Sacha Hoedemaker - Musical Improv for Musicians - 10:00-13:00

Laura Doorneweerd - Improv for Kids - 10:00-13:00

Billy Kissa - The Bench - 10:00-17:00

Nick Byrne - The Secret of Great Improv ;) - 10:00-17:00

Sacha Hoedemaker - Intro to musical improv - 14:00-17:00

More info

Sacha Hoedemaker - Musical Format

MIXER TEAM - this workshop ends with a performance on the main stage on Thursday night

24-25.07, 10:00-17:00 (1h lunch break included)

Length: 12 hours

Participants: 12

Level: Advanced

Cost: 400/410 pln (about 93/95,5 eur)

This workshop is all about creating a full length musical with a group of improvisers. Whether you know the people or not, you will trust them at the end. This two day intensive musical workshop teaches the actors what the ingredients of a musical are. This involves singing, choreography and story-line. How to set each other up for success and create a full circle story with a kick-ass finale song!

Sacha Hoedemaker - Musical Improv for Musicians

28.07, 10:00-13:00

Length: 3 hours

Participants: 5

Level: Musician :)

Cost: 280/290 pln (about 65/67,5 eur)

A multiple musician in-depth workshop on how to score scenes, songs and be able to let your musicianship shine on stage. It will include two improvisers as guinea pigs.

Sacha Hoedemaker - Intro to musical improv

28.07, 14:00-17:00

Length: 3 hours

Participants: 14

Level: Beginner/intermediate

Cost: 120/130 pln (about 28/30 eur)

This workshop is focused on you getting the confidence and skills you need to sing improvised songs during any improv performance. In this workshop, you will learn exercises to warm up and fine tune your singing voice, simple song formats, and how to release the fears so you can sing your song!

Nick Byrne - Unconditional Improv

MIXER TEAM - this workshop ends with a performance on the main stage on Friday night

26.07, 10:00-13:00

Length: 3 hours

Participants: 12

Level: Intermediate/advanced

Cost: 120/130 pln (about 28/30 eur)

How much do you really care about your scene partner? Concerned with the idea that we know we want to embrace the offers of others, "Unconditional Improv" has a focus on our scene partner, listening, observing, endowing them, etc, BUT these are practical measures to emulate actually caring about them. They do work. We do end up caring more about each other, and focussing on each other, but we can also do a range of work that more directly and honestly causes us to genuinely care about our scene partners, our audience, and ourselves, so that practical skillsets like embracing their offers and endowing them will occur completely naturally by default. Unconditional Improv is a platform for good performance and for healthy group dynamics that influence good performance. The idea has arisen, because I realised that it was what I was doing myself in class and on stage when I am at my best. This work leads to a very warm format called "Agape", if desired.

Nick Byrne - In The Moment**27.07, 10:00-13:00**

Length: 3 hours

Participants: 14

Level: Intermediate/Advanced

Cost: 120/130 pln (about 28/30 eur)

This workshop specifically focuses on the experience of being in the moment, by identifying when students are in that flow, and what it feels like, so that much like a method actor might do, an improviser can recall the feeling or preconditions for being in the moment, and therefore be able to get that state more often. Someone who has gone into their head, can return to the moment, by using this technique, for example.

Nick Byrne - The Secret of Great Improv ;)**28.07, 10:00-17:00**

Length: 6 hours (+1 hour lunch break)

Participants: 14

Level: Intermediate/Advanced

Cost: 240/250 pln (about 56/58 eur)

A joyful workshop that plays on the joke question asked by so many improvisers; “What’s the secret of improv?” or the joke statement made by tutors when someone has just arrived late and missed something; “And that’s the secret of improv”. Of course, there’s no one secret, and different ideas connect with different improvisers to help them become the best they can be. This workshop is simply a list of the exercises that Nick Byrne thinks are the most awesome examples of great improvisation that he has collected or developed over the years. They are exercises that encapsulate the most valuable concepts, and allow themselves to be achieved effortlessly and joyfully. They are the ones in which the most previous students have experienced that ‘wow’ factor, that inspires them to see themselves in a new light. It is an improv massage to rejuvenate and motivate you to reach new heights.

Laura Doorneweerd - Women in Improv**26.07, 10:00-13:00**

Length: 3 hours

Participants: 14 (women only)

Level: General

Cost: 120/130 pln (about 28/30 eur)

In the wild lionesses are hunters, care for their cubs and have been observed to grow manes. What better image for a workshop where we explore, share and practice the craft of improvised theatre through the lens of being a woman or non-male. It will be filled with bad-ass character work, practicing boldness and vulnerability and using our body to express and take action. This workshop always has a high level of support, playfulness and empowerment, which inspires the improv in new ways.

“Being with only women made that we were connected right away; the atmosphere was open from the beginning. And there was a lot to discuss about what it is like to improvise as a woman!

Laura is a great teacher. Really recommended!”

— Meinou Lambeck - Utrecht, the Netherlands

Laura Doorneweerd - Improv for Kids**28.07, 10:00-13:00**

Length: 3 hours

Participants: 14

Level: Intermediate

Cost: 120/130 pln (about 28/30 eur)

To improvise for an audience of kids it requires that you understand who you are playing for. Young kids are the most honest spectators. That is why you as an improviser can learn so much about your improv, your style and your 'tricks' when performing for them.

In this workshop I will encourage you to feel like a kid again, to truthfully PLAY: the kind of play with your tongue out of your mouth. And from there learn all there is to playing sparkling characters, clear stories and beautiful fairy tales.

From my experience as a performer and a teacher with and for kids, I can also teach many games and short forms that work with young audiences. Working on a longform and/or inviting children in the training are all possible. And a fun way of learning!

“Laura’s positivity and enthusiasm is very infectious and creates an atmosphere where all participants can play freely. I highly recommend her!”

— Mascha Chang (Rettekete - improv for kids, The Netherlands)

Laura Doorneweerd & Gael Perry

Double Deep Dive into: Posture, Positions and other Physical stuff

27.07, 10:00-17:00

Length: 6 hours (+1 hour lunch break)

Participants: 14

Level: Intermediate/Advanced

Cost: 300/310 pln (about 70/72,5 eur)

Do you want to do more moving in your improv? Make better use of the space? And connect with your fellow players to create scenes that matter? In this workshop Laura & Gael will work with you on body positions and postures. You will explore different ways to use the space on stage. How can our body tell the story? We know! By moving, by positioning ourselves in relation to other players, and by bringing our body to different places on the stage. What does it mean when I say I love you, facing away from you? Which questions arise when all the prisoners are in one corner of the cell? How can we show -not tell- and surprise ourselves in the process?

After this workshop you will have more tools to make beautiful stage pictures and play memorable scenes. Above all, you will have a great deal of fun experimenting, learning and playing with two international improv and theatre experts.

Gael Perry - Man is a wolf to man

26.07, 10:00-13:00

Length: 3 hours

Participants: 14 (men only)

Level: General

Cost: 120/130 pln (about 28/30 eur)

This workshop is addressed to men (cis and trans).

Stop crying like a pussy! You have to be strong! Be a man! Just a few things that are said to young boys. And suddenly as adults we forget how to cry, how to be soft, how to be a man.

This workshop will explore modern masculinity, and create a safe space to experiment and share experiences. We will explore the whole range of emotions, situations and relationships between men. It will take us to a way of improvising: with depth, care and variation.

Let’s build a better world, by being better men.

Gael Perry - Improv toolbox: Freeform, scene edits and organic transitions

26.07, 14:00-17:00

Length: 3 hours

Participants: 14

Level: Intermediate/Advanced

Cost: 120/130 pln (about 28/30 eur)

We all love to see movies with smooth and gentle transitions. To see different pieces of a jigsaw fall in place, echoing previous themes in parallel dimensions. To follow a camera moving and jumping from a character to another without the viewer noticing it.

This is a workshop about transitions and edits, to create organic freeform shows, without any break. Using different techniques (from classical improv edits revisited to movie shots), you will learn different tools you can use to improve your freeform, longform or even shortform shows. Based on a total trust in your partners, you will experiment a new intensive way of improvising, where the game is everywhere, at every moment, without a pause.

Boundaries aren't limits, they create playgrounds!

Charlotte de Metsenaere - Is this really happening?

26.07, 10:00-13:00

Length: 3 hours

Participants: 14

Level: General / Intermediate

Cost: 120/130 pln (about 28/30 eur)

For me there is only one clear variable on which I trust when watching improv. Do I believe you, yes or no. If the answer is yes, I promise you I will watch you with my mouth open, living the emotions through the eyes of the improviser, holding my breath, and by doing this, I look around and notice I am not the only one. Authenticity on stage is beautiful. People go to see a show with stories in which they can relate to what happens. Instead of looking for the 'funny parts' or the 'big emotions', this workshop aims at letting improvisers feel what it's like to be authentic on stage. The ultimate goal would be the improviser and the audience member thinking at the same time : 'Wow, is this really happening?'.

Charlotte de Metsenaere - Feedback, loading...

26.07, 14:00-17:00

Length: 3 hours

Participants: 14

Level: Intermediate, everyone in improv groups

Cost: 120/130 pln (about 28/30 eur)

On stage we are one; a whole. Off stage, after a show, everyone reflects and reacts differently. This workshop focuses on giving honest feedback to each other after a show or during practice. It is something that a lot of groups struggle with, or find trivial. This workshop is about creating an open workspace where fears and thoughts can be shared and about two-way communication. It's a rather theoretical workshop, with 75% talking and 25% doing. We will see specific communication techniques and run through specific exercises that you can take home to your groups to enhance the connection you have to one another.

Charlotte de Metsenaere - True Story!

MIXER TEAM - this workshop ends with a performance on the main stage on Saturday night

27.07, 10:00-13:00

Length: 3 hours

Participants: 12

Level: Intermediate / Advanced

Cost: 120/130 pln (about 28/30 eur)

'True story' is a format that you can play with 6 to 12 people. It was created with a warm heart for emotions on stage, combined with powerful true stories. How can improvisation show the double

layer of a story. How can we add playfulness to someone's story, other than the Armando's we know and without turning the story into a joke. It's a fun format, that I would love to share with you!

Billy Kissa - Make them care

27.07, 10:00-13:00

Length: 3 hours

Participants: 12

Level: Intermediate

Cost: 120/130 pln (about 28/30 eur)

What do you seek in a scene, as an audience? All of us will give different answers, but they sum up to one word, identification. By using emotions on stage the audience relates to your scenes and character. Feelings are something all humanity has in common. In this workshop you will use your feelings to connect with each other and with the audience, you will challenge your partners and yourself emotionally and finally, make people care!

Billy Kissa - The Bench

28.07, 10:00-17:00

Length: 6 hours (+1 hour lunch break)

Participants: 12

Level: Intermediate

Cost: 240/250 pln (about 56/58 eur)

The Bench is a slow improv format. There's a fascinating beauty in taking things slowly on stage. Discovering the little elements that make a difference and can feed our impulses is what trains our observation skills and helps us read our scene partner much better and in much more depth. Ultimately, The Bench trains us to focus on building very strong relationships on stage, that take our scenes to a much deeper and meaningful level.

Teacher's bio

Sacha Hoedemaker has been playing professionally for over 10 years accompanying singers, live bands, musicals, studio engineers and theater productions. As the Musical Director at Boom Chicago, he is responsible for the production of original music for live shows and other creative projects such as Escape through Time, New Kids on the Gracht, VR Winter Wonderland, Best of Boom, Escape Through The Movies and many more. In 2010, Sacha was introduced to improvisational theater and was hooked right away. His professional experience combined with an eye and timing for theater made him a highly sought after Musical Director and improviser across Europe. Sacha loves teaching, playing live, producing and working with people on creative and/or musical projects! For more information about Sacha Hoedemaker, check out his website at <http://www.themusicmaker.nl> or search for The Music Maker on Facebook.

Nick Byrne is Artistic Director, and the creator of, Improvention; Australia's international festival and convention of unscripted theatre. He is also Artistic Director of Impro ACT, the major improvisational theatre company in Australia's capital, Canberra.

Nick works as an actor, director, producer, and musician, in all realms of theatre and film, and is a regular delegate to the Australian Theatre Forum, but improvisation is his ruling passion. He has worked in 25 countries throughout Europe, Asia, and Australasia, as an individual guest, or in festivals, including; Moment16 & Moment18 in Vienna, Mt Olymprov in Athens, FIIF in Tampere, Improfest in Gothenburg, Salento Improv Festival, Sofia Improv Festival, RIIF in St Petersburg, TILT in Tallinn, Bengaluru (India), and Singapore Improv Festival.

He teaches and directs all styles of the craft, and has done so for fifteen years, producing groundbreaking shows, "The Displaced" (refugee issues), "Crescendo" (a rock band with dramas), "Drivers" (about your internal monologues), "In Person 8" (improvised impersonations), and "Parallel" (three physical stories at once).

Nick tries to make the areas of improvisation that seem difficult, easier for performers, and reduce their worry, so that they can play at their peak. He also conducts workplace sessions, helping Olympians deal with adversity, and United Nations Peacekeepers to remain culturally aware. He likes to explore.

Nick is fascinated by people, and always aims to meet as many as possible, at festivals and arranged workshop visits.

Laura Doorneveerd about herself:

"I am an Amsterdam-based teacher and performer in the fields of improvisation, theatre, dance and communication skills. I am part of 5 Dutch improvisation groups performing theatresports, longform, and impro for children. Furthermore, I have 3 duoshows and I am a founding member of the Ohana project.

I have been teaching for 14 years, including 9 years in my own theatre school. My background is in theatre, dance and Business Administration. At the moment I am working as a trainer and actress in The Netherlands, Europe and North America.

I love cycling, travelling, cats, pancakes, making lists, taking leaps, staying up late and sleeping in. Also, my last name is a castle. True story."

Gael Perry practices improv for 10 years in Strasbourg and he is member and co-founder of La Carpe Haute. He's also co-founder of the SIN, an international network of improvisers in Europe.

He is performer in La Carpe Haute and created international formats to continue to explore, tour the world and share, including two duoshows with his main partner Laura Doorneweerd-Perry: Raison d'Être and Object of Affection.

Gael teaches improv and loves it! He travelled in Europe and the world during the past few years (New York, Barcelona, Canmore, Berlin, Atlanta, Moscow, Athens, Sarasota, Brussels, Göteborg, Boston, Amsterdam, etc.), performing and teaching, and found a thousand ways to improvise. His dream was to combine it to be a multifaceted cristal of improv! Now, he shares around the world that way of acting, physical and noisy, kind and silly, emotive and crazy.

Charlotte de Metsenaere is a teacher, actress, director and an all-rounder of the Belgian improvisation scene. With 14 years of experience, she works as an actor, teacher, director, co-founder of the Leuven improvisation school, organizer of the international festival Improvelicious, active member of Inspinazie and started her own company called Zeggedis to teach applied improvisation.

Vasiliki Kissa is an actress, won over by Improv Theater. After attempting to adapt to a "normal" career, studying Tourism Management in Heraklion, Crete, she returned to Athens to follow her first and great desire, acting. Since then things have been getting better and better! After graduating "Theater of Arts, Karolos Koun", she performed to her first play as a professional actress and at the same time she crossed paths with Improv Theater. It was love at first sight.

She dove into the world of improv head first and, having completed ImproVIBE's training, she took her first steps towards teaching improv. Within 7 years she was trained by numerous instructors and performed in Greece (Mt Olymprov International Improv Festival), Belgium, Finland (FiiF), Sweden (Improfest), The Netherlands (Impro Amsterdam), Germany (IMPRO 2016 – Borders, Limits, Liberty, Our Lives 2018), Romania (Neverending Improv Festival), France (Theatre de L'Oignon), Spain (BIG IF), Italy, USA (Magnet Theater, Dad's Garage, SAK Comedy Lab), Australia (Improvention) and Turkey. She's a co-organizer of Greece's only International Greek Improv Festival "Mt Olymprov". She works with adults, children of all ages and refugees as a main instructor at ImproVIBE.